



Class Schedule

Monday	Uppercut Crew Age 13+ 5pm - 5:45pm	Double Jabbers Age 7-12 6pm - 6:45pm	Adult Boxing 7pm - 8pm	Team 8pm+	
Tuesday	Lil' Jabbers Age 4-6 4:30 - 5pm	Lil' Jabbers Age 4-6 5:15 - 5:45pm	Uppercut Crew Age 13+ 6pm - 6:45pm	Adult Boxing 7pm - 8pm	Team 8pm+
Wednesday	Double Jabbers Age 7-12 5pm - 5:45pm	Double Jabbers Age 7-12 5pm - 5:45pm	Adult Boxing 7pm - 8pm	Team 8pm+	
Thursday	Uppercut Crew Age 13+ 5pm - 5:45pm	Double Jabbers 6pm - 6:45pm	Open Gym 7pm - 9pm		
Friday	Closed - No Classes				
Saturday	Adult Boxing 8am - 9am	Family Fitness 9am - 11am			
Sunday	Closed - No Classes				